

JOSÉ JÚNIOR

International Relations · European Studies and Migration

Portfolio website: <https://claude.ai/artifact/WEBLaiYRywVEKv8v8Brhqa>

Profile

A proactive, ambitious and hard-working young professional, always ready for new challenges and opportunities. A varied academic and professional background, with a strong interest in multilateralism, international cooperation, regional studies and globalisation.

Academic Education

- Secondary school completed with an average grade of 17.5 out of 20, in Languages and Humanities.
- Bachelor's degree in International Relations — explored themes such as multilateralism, international cooperation, regional studies and globalisation.
- Master's degree in International Relations (in progress), focusing on European Studies and Migration.

Academic Representation

- Class representative.
- Representative of Law Department students on the School and Pedagogical Councils.
- Ambassador for the University.
- Participant in the Mentorias UMinho Programme, gaining direct contact with the professional world and a first-hand view of a CEO's day-to-day work.

Professional Experience

- Sales promoter — UNICEF and Amnesty International.
- Waiter — restaurant/bar.
- Tour guide.
- Librarian.
- Sports director.

Projects & Volunteering

- Participation in Youth Exchange Projects.
- Participation in Erasmus+ projects.
- Ongoing volunteering initiatives.